

## Parish Community News

**See page ten of this bulletin for  
Ash Wednesday schedule.**

**Lenten Fish Fry's** — Knights of Columbus Council 5300



**FISH FRY**

will be hosting Lenten Fish Fry's on each of the six Friday evenings during Lent, **beginning February 19** (no fish fry on Good Friday). Join us in the Parish Hall and enjoy one of the best fish dinners you

can get in Southern California. **Take-out meals are available.** Cost is only \$9. Children under 12 are \$3. Serving begins at 6:00 pm. Proceeds support the charitable works of the Council.

**Eucharistic Ministry** — "Go forth to love and serve the Lord, and one another" — this is our send off as we leave the Eucharistic celebration. The Eucharistic Ministry is an opportunity to serve both our Lord and each other when you attend Mass. Please prayerfully consider if this is a ministry that you are being called to participate and serve. Applications are available at the Parish Office. You can contact Maureen with questions.

**Thank You!!** — Saint Raphael parishioners raised \$10,464 to help the Haitian people suffering in the aftermath of the devastating earthquake. Anyone wanting to donate can send a check to: Catholic Relief Services, P. O. Box 17090, Baltimore, Maryland, 21203-7090. Please write "Haiti Earthquake" on the memo line of the check.

**Please Note** — There will be **no** Knights of Columbus Parish breakfast in February.

**You Can Help!** — For several years, St. Raphael's High School Ministry has put on a 5-day camp retreat for teens. Last year, with the help of generous parishioners, **66 teens** attended the retreat! This year's retreat at Rancho La Scherpa will cost \$250 per person. To sponsor a teen, please make your check payable to *St. Raphael Youth Ministry* (with "Summer Camp" on the memo line). You may drop it off at the Parish Office, mail it, or hand it to John after 5:30 pm Sunday Mass. Your sponsorship helps teens who cannot afford to attend the camp. Thank you for your support and God bless you!

**RCIA** — Rite of Christian Initiation for Adults (RCIA) is the process which welcomes those who are inquiring into the life and mission of the Catholic Church. RCIA classes are held at San Roque Parish, 3200 Calle Cedro, Santa Barbara. Call Silvia Morgan at **683-8543** for info.

**Need Help?** Call St. Vincent de Paul: **683-8535**.

### This Week at St. Raphael Church

#### Monday, February 15

Presidents' Day - **Parish Office Closed**

Adult Confirmation Class, Church, 7:00 pm

#### Wednesday, February 17

Ash Wednesday (see page ten for schedule)

Sociable Seniors, Parish Hall, 12:30 pm

#### Friday, February 19

Stations of the Cross (English), Church, 5:30 pm

Lenten Fish Fry, Parish Hall, 6:00 pm

Stations of the Cross (Spanish), Church, 7:00 pm

PC=Parish Center

### Fast and Abstinence

During Lent, Catholics in the United States abstain from meat on Ash Wednesday and on all the Fridays of the season. We also fast on Ash Wednesday and Good Friday. On a day of fasting, eat only one full meal; you may also eat two partial meals and should not snack between any of them.



Everyone age 14 and older is bound by the law of abstinence. Fasting binds from after one's 18th birthday until after the 59th. Catholics younger and older than that need not fast on Ash Wednesday and Good Friday. Nonetheless, fasting is a praiseworthy practice, even when it is not required.

## Congratulations!

**Bill Gully** has been named as a recipient of the Monsignor James E. Dolan Award for 2010. This award is given in recognition of those individuals who have given many years of service to the Catholic Committee on Scouting. The award will be presented at the Annual Adult Awards Dinner on March 13 at St. Dorothy's Church Parish Hall in Glendora. For more information about the dinner or about the Catholic Committee on Scouting you can call **(310) 871-5180** or visit the website [www.ccsala.org](http://www.ccsala.org).